



Eagle Plains Resources Ltd.

NEWS RELEASE

EAGLE PLAINS HIRES MIKE LABACH AS IN-HOUSE INVESTOR RELATIONS RESPRESENTATIVE

Cranbrook, B.C., 13 May, 2005: **Eagle Plains Resources Ltd. (EPL: TSX-V)** has hired Mike Labach ("Labach") to perform investor relations services to the company for an initial two month probationary term, commencing April 25, 2005.

Labach will be based in the company's head office in Cranbrook, B.C., and will fulfill the Company's investor relations requirements in reliance upon previous successful small business and marketing experience. At present, Labach has no interest, directly or indirectly in Eagle Plains or its securities.

Labach will be paid the sum of \$160 per day and will be reimbursed for pre-approved expenses. In addition, 25,000 share options have been issued to Labach, exercisable at a price of \$0.75 cents per share for a five-year period. The investor relations employment agreement is subject to regulatory approval.

Eagle Plains also wishes to announce the reappointment of the following officers following the Shareholder Meeting held on May 11, 2005: Timothy J. Termuende, President and Chief Executive Officer; Glen J. Diduck, Chief Financial Officer and Treasurer; and Darren B. Fach, Corporate Secretary.

Eagle Plains also wishes to announce the grant of incentive stock options to directors and officers of the company for the purchase of a total of 600,000 shares at the exercise price of \$0.75 per share, expiring May 13, 2010.

Eagle Plains Resources continues to conduct research, acquisition and exploration projects in western Canada. The Company controls over 30 gold and base-metal projects, many of which are currently optioned to or joint-ventured with third parties including **NovaGold Inc.**, **Northern Continental Resources Inc.**, **Amarc Resources Ltd.** and **Golden Cariboo Resources Inc.** These agreements expose Eagle Plains to over \$18 million in exploration expenditures over the next five years. In recent years, Eagle Plains has completed option agreements with **Billiton Metals**, **Rio Algom Exploration**, **Kennecott Exploration**, **Viceroy Resource Corp.** and numerous other junior exploration companies, resulting in over 21,000m (70,000 ft) of drilling and over \$7,000,000 in exploration spending on its

projects since 1998.

On behalf of the Board of Directors

Signed

“Tim J. Termuende”

Tim J. Termuende, P.Geol.
President and CEO

For further information, please contact Andy Schwab at (800) 537-4099
Email: info@eagleplains.ca or visit our website at <http://www.eagleplains.ca>

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. This news release may contain forward-looking statements including but not limited to comments regarding the timing and content of upcoming work programs, geological interpretations, receipt of property titles, potential mineral recovery processes, etc. Forward-looking statements address future events and conditions and therefore, involve inherent risks and uncertainties. Actual results may differ materially from those currently anticipated in such statements.